

Easter Beanbag Cross Challenge

Equipment Needed: Six beanbags or socks, download the easter beanbag cross challenge targets from our website.

How to Play:

- Start by downloading the targets and colour them in.
- Spilt the children into two teams.
- Give 3 beanbags to Each team.
- Each team must get all the beanbags into the targets.
- if they miss the target, they need to do the follow activities.
 - First time they must: stand on one leg for 30 seconds
 - Second time they must: hop on one leg for 30 seconds
 - Third time they must: hop around like a bunny rabbit
- Get an Adult to mark all the scores.
- Highest score Wins.

Facebook, Instagram, Twitter and YouTube: Zing Somerset

Website: www.healthysomerset.co.uk

