

Weekly Reward Chart

This week I will...	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Eat my Breakfast				<p>Play, Learn and Grow... Together!</p>			
Eat my Lunch							
Eat my tea							
Try something new							
Not use electronics at meal times							
Drink more during the day							
Be more active							

Weekly Reward Chart

This week I will...	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

